

March 2007 Newsletter

Welcome to KnowHow2GO

Be a Pain in a Good Way – Find a Trusted Adult and Ask for Help

Planning for college isn't something you do by yourself – it is a team effort. But it's up to you to pull your team together. That means talking to the adults in your life who can help – from your parents and family members to your teachers, school counselors, coaches or religious leaders.

- The best way to communicate with parents – or any adult – is to keep talking to them no matter what. Learn some tips for starting the conversation about college with your parents [here](#).
- Nervous approaching your school counselors about college because you've never talked to them before? If you follow the tips [here](#), you'll be sure to impress your school counselor and get the information you need to make college a reality!
- Ok, so it may be hard to think of your teachers as real people. But guess what? They were once in your position, trying to figure out the steps to take to get into college. Turn your teacher into your ally by following these [tips](#).
- Maybe your parents are busy. And maybe you think your teacher won't help because you've used the "dog ate my homework" excuse too many times. But there are other adults in your life who can help you answer your college questions and get you on the path to success. This [link](#) can help you think of other adults to tell about your college ambitions.

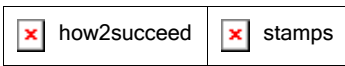
Get the conversation started today and remember, it's ok to be a pain in a good way. Don't stop talking until you find someone who can help!

KnowHow2Succeed

When Damieon Brown finished his senior year at Beachcroft High School in Columbus, OH, he planned to get a job – any job. But his volunteer senior advisor, Eloise Stanford of I KNOW I CAN, had other plans in mind. "What about college?" she asked. "You look like a doctor to me!" Damieon agreed to meet regularly with Mrs. Stanford and earned the nickname "Dr. Damieon." Together with his advisor, he applied for financial aid and government grants. He even met with Mrs. Stanford's son-in-law, a practicing doctor, to talk about his future.

"Dr. Damieon" worked hard to earn his acceptance as a premed major at Xavier University of Louisiana in New Orleans. Four years later, he dropped by Mrs. Stanford's office to tell her he was headed to medical school. He graduated from the California College of Podiatry in San Francisco and completed his residency in San Antonio. Now, Dr. Damieon is a doctor of podiatric medicine, and he's living proof that if you ask an adult for help ([Step 1](#)) and take the next three steps together, you too can make your college dreams a reality.

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